

“La Ligue d’Égalité” Arrives in Ghana for the First Time to Promote Women’s Football

More than 150 young girls and women will take part in this initiative, supported by the LALIGA FOUNDATION and LALIGA, which uses sport as a tool to foster personal and community development among women.

The “La Ligue d’Égalité” movement continues to expand across Africa, reflecting the growing popularity of women’s football on the continent. Ghana has become the latest country to embrace the project, promoted by the LALIGA FOUNDATION and LALIGA in partnership with Petrichor, IREVA Sports and Sports Creates Memories.

The programme began with training sessions for 30 coaches based on the Foundation’s “Values to Win” socio-sports methodology, combining sport, personal development, teamwork and technical education. The coaches will pass on these skills directly to participating girls.

A six-week league competition has also started, involving around 100 Under-13 and Under-16 players from five clubs in and around Accra. Participants received team kits and support for their weekly training sessions.

The “Mini Stars” programme was also launched, introducing up to 50 girls under the age of 12 to football through inclusive and enjoyable activities. Former Real Sociedad player and current LALIGA FOUNDATION trustee Aintzane Encinas inaugurated the programme with a socio-sports clinic and friendly matches.

“La Ligue d’Égalité Ghana” is designed to empower young women through sport by providing a safe and structured environment where they can play football, develop life skills and engage with their communities. The initiative also seeks to address socio-economic challenges by creating future opportunities for participants.

Paul Dreisbach, President of Petrichor, welcomed Ghana’s inclusion in the project, highlighting football’s role as a platform for community change and leadership development for girls and young women.

Olga de la Fuente, Director of the LALIGA FOUNDATION, stressed that the project provides not only football opportunities but also tools for personal and educational development, reinforcing the Foundation’s commitment to equality and inclusion through sport.

Following the launch event at KariKari Astro Turf Park, attended by numerous local institutions, sporting activities are now underway. Organisers hope the initiative will encourage more girls to participate in football and strengthen youth development across Ghana.

Trésor Penku, LALIGA’s Managing Director for Africa, stated that the arrival of the programme reflects LALIGA’s commitment to football development and social impact across Africa, using sport as a tool for inclusion, education and positive community transformation.

Originally launched in Cameroon in 2022, La Ligue d’Égalité now operates in Cameroon, Kenya, Morocco, South Africa and Ghana, having successfully promoted equality and inclusion through football across the continent.